

Year 6 Residential Visit to Govilon

Monday 22nd to Friday 26th June 2015.

The children will be sleeping in shared rooms with bunk beds. Girls are at one end of the building and the boys are at the other. Each have their own toilet and shower facilities.

We will expect the children to change into smarter clothes for their dinner in the evening and they will not be allowed to have bare feet in the building so please provide **slippers or comfortable shoes** – this is due to the wooden floors in the building.

Meals

Breakfast - The children get a full cooked breakfast every morning if they want one or can have cereals and toast. Juice, teas and coffees are also available.

Lunch – a packed lunch will be provided for the children each day.

Dinner – A 3 course evening meal is provided.

All meals are prepared and cooked freshly on site for the children and they can pre order their choices the evening before. The children will be expected to set and clear the tables.

Hot chocolate and biscuits are provided for the evening before they go to bed.

The children will need to bring a **packed lunch for the journey to Wales** – please ensure that this is in a carrier bag that can be thrown away once the food is eaten. They will also need a drink but please again, ensure this is in a disposable container.

It would be really helpful if everyone signed up for “**Parent Mail**” then we can keep you informed of return timings by mobile phone texts if we get held up. Please see the office staff for information on this.

Kit List

The Robert Jeffery Centre – Govilon – provide all “**Kit**” for the children such as:

Waterproof jackets and trousers

Wellington Boots

Walking Shoes

Rucksacks

Hard Hats

Caving suits.

They also have a large drying room for the children to leave their wet clothes overnight to dry. It does rain a lot in Wales!!!

However the children need to bring their own clothes. A **suggestion** of suitable clothing follows:

Day Wear

- Pants – 2 pairs a day.
- Socks – 2 pairs a day in case one get wet.
- Trousers – Comfortable walking ones – 2 or 3 pairs (**NOT Jeans**)
- T Shirts – one for each day
- Jumper / Fleece – 2 or 3.
- Wolly Hat – it may be cold!
- Gloves
- Suncream – you never know!!
- Sunhat – Let's be hopeful!!

Evening

Smart blouse / shirt

Trousers / Skirt (jeans may be worn)

Evening shoes

Slippers

Nightdress / Pyjamas

They will also need:

Swims and swimming towel (in a carrier bag please)

Towels for washing

Shampoo / Soap

Toothbrush / Toothpaste

Hairdryer – if needed (possibly one per room)

Hair brush / comb

Deodorant – non aerosol please.

They will also all need a **Sleeping Bag**. If this is a problem please let us know and we can possibly arrange to borrow one for your child from another person. Pillows are provided.

They may bring computer games for the coach journeys but we will not be held responsible for them if they get damaged. The same applies to cameras if they wish to bring one (disposable ones are great).

Please do not pack make up, hair gels aftershaves and perfumes. They will not need them, and they are not great for asthma sufferers!

Please ensure everything is packed in a **SMALL** bag as there is not much room for storage and they must be able to carry their own luggage – nobody else will carry it for them!

And Finally – **Mobile Phones are NOT allowed!**

Please ensure that all **Travel Sickness Pills** are given prior to the journey and that any future pills are in the original box with full dosage instructions and clearly named. These must then be given to an adult for safe keeping. The same applies with **brown inhalers** or any other medication that your child is taking. The children need to keep their **blue inhalers** with them at all times, just ensure all are named please.